



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

1. General info

1.1. Time

Standard Time Zone is GMT +1 hour (UK T. London will be on BST (British Summer Time) during the Congress.

1.2. Language

The official language of the meeting is English. There is no simultaneous translation service provided.

1.3. Travel to the UK

As of March 18, 2022 travellers entering the UK no longer need to submit proof of vaccination or a recent negative test to be granted entry. However, regulations may change at any time so we strongly encourage you to keep monitoring the GOV.UK website for the latest regulations regarding entry to the UK.

<https://www.gov.uk/uk-border-control>

1.4. Visa assistance

If you require assistance obtaining a visa, please email the Congress Secretariat at registration@ifssh2022.com

In case your visa application is refused or you do not get it in time we can change your fee to the Online Only fee for a handling fee of £30.

1.5. For Parents with a young child(ren)

As part of its commitment to diversity and inclusion, the Organizing Committee will be providing a parent/carer room. This on-site room will allow a safe space for parents/carers of young children who wish to feed their child while the meeting is in progress. A fridge and microwave will be available. Please note that childcare cannot be provided on-site.

Please be aware that babies and children will not be allowed into the auditoria of the scientific meeting. However, the organizers aim to live-stream the main plenary lectures of both the surgery and the therapy program to this room.

1.6. Venue Guidance

For help and advice please browse the website of ExCeL at

<https://www.excel.london/visitor/faqs>

1.7. First Aid

You can approach any of ExCeL team who can help you with a medical emergency or go to level 0 on the boulevard and down the stairs by N4/S4.

The nearest pharmacist is on Freemasons Road, which is located on the other side of Custom House DLR station.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

1.8. Cloackrooms

Venue cloakrooms are open during event hours and are provided complimentary (subject to availability). The cloakrooms are located on level 0 (down the stairs, in between hall entrances N4 & S4) and at the east end of the venue on level 0. Please note we are unable to store any items overnight and cameras, laptop equipment or any other electronic devices cannot be stored in cloakroom at any time.

1.9. Lost & Found

The ExCeL works with NotLost, to reunite you with your lost items. If you think you've lost something at ExCeL London, please complete the form at <https://notlost.com/excel-london>

1.10. Business services

There is a shop on level 0 at the bottom of the stairs near N4/S4 which sells a range of stationery items and can also do photo copying and faxing. This shop has its own Bureau de Change.

1.11. Covid safety

Entry policy does not require any visitor to show their Covid status. Wearing a face covering is not mandatory, but recommended for everyone coming in to the venue.

The nearest PCR test station is at Canary Wharf Clinic. Certified result within 60 minutes of appointment at the earliest.

Please visit <https://www.theregenerativeclinic.co.uk/canary-wharf-covid-19-pcr-testing-same-day-and-next-day-covid-19-pcr-service/>

1.12. Social media

Organizers encourage the use of social media, such as Twitter, Facebook, LinkedIn, Instagram and other social media platforms. Please use the official hashtags:

#IFSSH2022

#IFSHT2022

#FESSH2022

2. Registration

2.1. How can I collect my name badge?

For the on-site registration, we will send you a QR Code by email a few days before the course. Please bring along the QR Code on your mobile device, it is not necessary to have it printed.

On arrival at the venue, please go to the Self Check-in Kiosk, scan the QR code and collect your badge and bag. Your personal badge will be your entrance ticket for the congress, please wear your name badge visible at all times.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

2.2. Payment

Please note that payments by bank transfer will be accepted until 30 May.

Please arrange any outstanding fees and tickets before the event to avoid unnecessary queuing at the venue. Online payment is possible via the payment link sent with your registration confirmation.

Please pay by credit card on the spot.

If you wish to pay by cash, please bring the exact amount.

Fees are payable only in GBP (£).

2.3. Online registration

Please be aware that the online registration fee does not include access to all sessions (plenary, instructional and free paper). Live streaming is provided from surgeon and therapist meeting rooms 1, 2 and 8 only.

2.4. Daily rates

Single-day registration is NOT available for the congress.

2.5. Accompany

Accompanies are welcomed to all social events. Please arrange your tickets in due time. No accompanies are allowed in the meeting rooms and the exhibition area.

2.6. Speaker registration

Chairs and speakers are asked to register for the Congress at regular rates.

2.7. Is the Congress accredited?

We are pleased to inform you that the IFSSH, IFSHT & FESSH Combined Congress 2022, London, United Kingdom, 06/06/2022-10/06/2022 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with **31 European CME credits (ECMEC®s)**.

Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Regrettably CME certification is not possible at an international level or for each of the numerous individual countries that may participate in the meeting.

Often the different accrediting organizations can grant points based on these certificates. So if you wish to pursue the allocation of CME points, we suggest to contact your own accrediting organization for more advice. Some credits apply for those with online registration.

We will send you an evaluation form by e-mail after the event. Completion of the online survey is mandatory to receive CME credits. After completing the feedback form, you will receive a download link to access the CME certificate in pdf format.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

2.8. How do I claim my CME credits?

To obtain CME credits you need to be registered before the end of the congress. The completion of the online evaluation survey form sent via email after the event is mandatory for the CME credits. Once the form is completed, participants will be able to download the CME certificates.

2.9. Instructional Course Book 2022

2022 edition of the Instructional Course Book is included for surgeons registrations only. Please collect your copy at the IC Book Counter onsite.

2.10. Lunch

Lunch will be served for delegates at the congress venue on Tuesday, Wednesday and Thursday, for a voucher which will be provided in your Congress bag.

3. London/UK

3.1. Insurance and Liability

It is recommended that participants obtain adequate insurance coverage for travel, health and accidents before they depart from their countries of residence. The organizers cannot accept responsibility for personal injuries, or loss of, or damage to private property belonging to the conference participants and accompanying persons.

3.2. Electricity

Electrical sockets in London operate at a standard voltage of 230 V and a frequency of 50 Hz. The United Kingdom the “Type G” plug. An adapter is necessary if your appliances don’t already have these types of shapes to match the socket.

3.3. Currency

The currency is the British Pound Sterling (£/GBP) in the United Kingdom, which comes in bills and coins.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

4. Transport information

4.1. To ExCeL London

Underground, CrossRail and DLR

The Jubilee Line, the Elizabeth Line (CrossRail) and the Docklands Light Railway (DLR) are the quickest routes to ExCeL London.

Alight at Canning Town on the Jubilee Line and change onto a Beckton-bound DLR train, or alternatively, hop on the Elizabeth Line from Liverpool Street towards Abbey Wood for the quickest journey times to the ExCeL: Custom House for ExCeL (for the west entrance).

Cable car

Stay on the Jubilee Line till North Greenwich station to arrive at the UK's first urban cable car, known as the Emirates Air Line. On the cable car you can sit back, relax and enjoy stunning aerial views of London from 90m above the River Thames.

All exhibitors and visitors to shows at ExCeL can use the cable car for just £3 single fare - to redeem this exclusive discount, all you need to do is show something that indicates that you are attending an ExCeL event, such as a confirmation email/ticket etc to the staff at the Emirates Airline terminals.

Travel by boat

With some of the best views of the capital's most popular landmarks including Big Ben, the London Eye, the Tower of London, St. Paul's Cathedral and The o2, travelling by river boat offers a truly unique perspective on London. The route is serviced by Uber Boat by Thames Clippers; the fastest and most frequent boat fleet on the river with departures from major London piers every 20 minutes.

When travelling to ExCeL, alight at the all-new Royal Wharf Pier. It should then take just over 20 minutes to walk through Britannia Village and over the Royal Victoria Dock footbridge to ExCeL's west entrance. Alternatively, attendees are welcome to stay on the boat till Greenwich and use the above mentioned Cable car to Royal Victoria.

4.2. To the Pub Night

The DLR is the fastest route to the Pub Night. At Canning Town, change to the DLR line which terminates at Bank station. From there, the Revolution Leadenhall is only 10 minutes' walking distance.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

4.3. To the Congress Dinner

The BSSH and IFSSH have booked a private vessel to transfer you from the ExCeL to the dinner venue. The vessel is limited to 220 passengers and will be on a first come, first serve basis

We will be charging each delegate and any additional guests £15 per person. Please click on the following link to book your boat tickets - <https://bssh.eventsair.com/ifssh-dinner---river-taxi/iffshrivertaxi>

The boat will be waiting for delegates at the North Greenwich pier at 18:45 and the journey to Old Billingsgate will take 20 minutes.

Schedule:

- 18:45 – boarding the vessel
- 19:00 – departing from North Greenwich pier
- 19:20 – arriving at Tower Pier (near Old Billingsgate)

*Please note that there is a short walk from the cable car to North Greenwich pier so please leave in good time.

If you have any queries, please do not hesitate to get in touch with the BSSH secretariat – secretariat@bssh.ac.uk

Alternatively, you can travel by DLR for 20 minutes from ExCeL directly to Tower Gateway. The Old Billingsgate can be accessible with a 10 minutes walk from Tower Gateway.

DLR services end at 12:30 am but alternative transport services such as night buses, Uber and Taxis are available throughout the night.

4.4. Parking at ExCeL

There are nearly 2,000 parking spaces located under the venue. Parking is available on a first come, first served basis, using pay and display. Parking costs £20 for up to 24-hours across all our car parks. Parking is available for cars, transit vans and minibuses up to 3.5T. Parking for vehicles over 3.5T/Lorries costs £35.00 for up to 24-hours.

All on-site parking is pay and display. All machines in the car park accept card payments only.

5. Online Program

5.1. I can not take part at the live stream session. Can I view the content after the session?

Yes, you can replay the streamed sessions after the meeting. Selected recorded events are made available for online viewing the following day. Any other recorded events will be made available at a later date for on-demand viewing. Recording of the live streamed sessions and on-demand content will be available online till 20 August 2022.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

5.2. How do I access the online platform?

The online content will be available on a virtual congress platform. To follow live streaming, you will need a good internet connection, your device or computer as well as a valid registration.

You will receive login details via email a few days prior to the congress. Please note that you can log in only from one device at a time, parallel logins from two or more devices are not possible.

5.3. What if I have technical issues?

Your technical issue may be caused by your internet browser. Please try to open the live session with several browsers (Chrome, Firefox, etc.). Another reason could be your firewall or internal IT blocking the congress platform at corporate networks.

If you have missed the live session or would like to watch it again, the recording will be available till 20 August 2022 on the congress platform. Your login will be valid until that date.

5.4. Live panel discussion and participation

Live panel discussion will take place at 06:00 every morning UK time. Together with the recorded talks, a selected panel (surgeons and therapists) will stream in from London to participate for discussion and comments.

Only events in Rooms 1 and 2 of the IFSSH conference and Main therapy room of IFSHT are recorded and available for streaming/on demand watching.

Three events (2 surgery and 1 therapy) will be streamed at a time. The other events will be recorded and made available later on.

5.5. Hybrid program

https://ifssh-ifsht2022.com/down/London2022_hybrid_program.pdf

6. Program

6.1. Schedule

Please see the schedule at <https://ifssh-ifsht2022.com/#program>. You can search the program by author, title and abstract number.

6.2. Therapist Workshops

Participation in the Therapist Workshops is included in your registration fee, however, due to limited spaces sign-up in advance is necessary.

6.3. Industry Workshops

Industry Workshops are on Tuesday, Wednesday and Thursday at lunchtime.



IFSSH, IFSHT & FESSH COMBINED CONGRESS LONDON 2022 6 – 10 June 2022 ExCeL, London, UK

7. Do not find the answer to your question?

- 7.1. Registration and payment:** registration@ifssh2022.com
- 7.2. Hotel accommodation:** hotel@ifssh2022.com
- 7.3. Abstracts and program:** abstract@ifssh2022.com
- 7.4. Exhibition and sponsoring:** exhibition@ifssh2022.com